

RIGA TECHNICAL SCHOOL OF TOURISM AND CREATIVE INDUSTRY

3[°] INTERNATIONAL CONTEST FOR VET STUDENTS Learn, Know, Do, Can, Show 26. - 28.03.2024

Baker

Competition process:

- 1. Competition is individual
- 2. Sequential number for completing the competition tasks will be drawn at the start of the competition.
- 3. Contestants must comply with the requirements of work safety and fire protection rules. Competitors confirm their compliance with safety regulations by signature.
- 4. Contestants prepare meals in training workshops according to the competition tasks and recipes prepared at home.
- 5. After completing the competition tasks, the participants must clean and tidy up their workplaces.
- 6. Before presentation contestants must submit 3 copies of the recipe to the jury. The material includes product name, author's name and surname, represented school and a technological card must be included. Each copy must be prepared in presentable format up to contestants' choice. Technological card must be included.

Tasks of the competition:

- 1.Prepared wheat flour bread with spinach, seeds and garlic.
- 2. 2 loaves of bread must be prepared weight of 1 loaf 0.500 kg
- 3. Preparation time 3 hours, it includes presentation time.
- 4. One bread for the commission, the other for the exhibition.

Products offered by organizers:

- 1. Wheat flour type 405
- 2. Spinach
- 3. Coarse salt
- 4. White sugar
- 5. Butter 80%
- 6. Vegetable oil
- 7. Eggs
- 8. Yeast (fresh pressed)
- 9. Dry yeast
- 10. Seeds (cumin, poppy, sesame, sunflower)
- 11. Garlic
- Serving plates will be provided (photo).





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| Evaluation criteria: | | | | |
|---|---------------|--|--|--|
| Workplace cleanness | 0-20 points | | | |
| Professional skills, creativity, and organoleptic qualities | 0-60 points | | | |
| Appearance, originality, creativity | 0-40 points | | | |
| Tidying, food and work safety, hygiene regulations | 0-20 points | | | |
| Presentation (in English) | 0-30 points | | | |
| Recipe compliance, economic use of raw materials | 0-30 points | | | |
| Compliance of the finished product with the trends of modern confectionery production | 0 – 20 points | | | |
| Maximum points | 220 | | | |

| No. | Materials | Notes | Measuring unit | Quantity |
|-----|--------------------------------|----------------|-------------------|----------|
| | | EQUIPMENT | | |
| 1. | Working tables | stations | pcs | 12 |
| 2. | Convection oven | a second as | pcs | 1 |
| 3. | Electric cooker top oven | 8 hotplates | pcs | 2 |
| 4. | Refrigerator | | pcs | 2 |
| 5. | Freezer | -18°C | pcs | 1 |
| 6. | Stationary mixer | | L | 2 |
| 8. | Blender | | pcs | 2 |
| 9. | Freezer/ shocker | -40°C | pcs | 1 |
| 10. | Microwave oven | | pcs | 1 |
| 11. | Weights | 2 grams – 5 kg | pcs | 6 |
| 12. | Dough raising oven | | pcs | 1 |
| 13 | Dough fermentable equipment | | pcs | 1 |





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| 14. | Mixer for dough | | pcs | 1 |
|-----|---------------------|---|-----|---|
| 15. | Small inventory | Grater, rolling pins, food plastic, foil, baking paper, cutting boards, roller pins, paper towels, knives, disposable gloves, pots, pans, strainer, pastry bags, tips, plastic bags (for unused products) | | |
| 16 | White square plates | Different sizes 15x15 cm 18x18 cm 22x22 cm 25x25 cm | | |

The praticpants are allowed to bring ingredients for filling and, if necessary, specific equipment and two bread form of bread baking. Participants submit a technological document/prescription to the jury during the presentation.